# Travel and Bottle Feeding

## Travel & Bottle Feeding: What To Take

We all know how stressful traveling can be, but traveling with BABIES?! That's on a whole other level. And while traveling doesn't seem like something any of us will be doing soon, it's still important to prepare yourself for future vacations. We know you're already dying to get away.

Between fussy babies, mischievous chewing and bottle throwers, bottle feeding can be difficult enough as it is. So when you throw the stress of traveling into the mix, things are bound to get a whole lot more complicated.

But fear not! We've compiled a list of tips for traveling with a baby that will help keep both parent and baby happy when you're on the road. Familiarize yourself with these hacks and your future self will thank you (we promise).

## Feeding Your Baby On a Plane

Welp! This might just be the part every parent dreads. Feeding in such a tight space can be tricky, and you'll probably be worried about your baby getting upset (especially if the flight is long-haul).

Here are some great tips that will help you calm and feed your baby on a plane:

### • Ask the Cabin Crew For Assistance

If you ask nicely, the cabin crew will be more than happy to help you when it's time to feed your baby. You can request that they gently warm your baby's bottle to encourage sleep and prevent their little ears from popping.

### Sit By The Window

Asking to be moved to a window seat provides you with an extra spot to prop your arm up while feeding your baby. You'll enjoy a little bit more calm and privacy for those precious feeding moments, and you'll also get a better view of the world below!

## **Baby Travel Feeding Essentials**

When traveling, you'll want to be as prepared as you can to ensure a smooth journey and a happy baby. This is supposed to be a vacation, after all!

Take these essentials with you on your travels to make feeding more convenient and enjoyable for all parties involved.

#### Bottle Brush and Washing Up Liquid

Let's face it, when you're on vacation, the last thing you'll want to be doing is the dishes (even if they are your baby's!). But cleaning up after your child is a fact of life, so the best thing you can do is make it quicker and easier. Clean bottle = healthy baby = happy parent!

#### Baby Bottles and Teats

Our Closer to Nature baby bottles are designed to feel like mum, helping your baby stay calm and happy while feeding. These versatile bottles encourage a natural latch and are easy to clean, making them super-duper travel friendly!

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